

ADDITIONAL POST-OPERATIVE INSTRUCTIONS
FOLLOWING THE REMOVAL OF IMPACTED WISDOM TEETH

1. Following the removal of sutures, your usual oral hygiene routine may be resumed. However, the areas immediately adjacent to the 3rd molar (wisdom tooth) socket may be tender and therefore, should be brushed carefully. Gentle brushing will not injure the healing tissue.
2. Special care must be given to the healing areas of the lower impacted wisdom teeth. The use of a plastic syringe, as demonstrated by the nurse, is suggested as an aid to keeping this area clean. A Water Pik, with minimal pressure, may be used in place of the syringe. A diluted solution of any popular brand mouthwash may be used or warm salt water (1/2 teaspoon salt to an 8 ounce glass of warm water) may be used as a substitute. This routine, in conjunction with regular brushing of the teeth, should be performed each time immediately after food consumption.
3. The use of the syringe for the lower sockets must be maintained for at least 3 weeks. Improper oral hygiene in this area may result in complications and a postoperative infection, which can occur many weeks following the initial surgical procedure.
4. *In the event of any complication, especially pain or swelling, or if there is any question regarding your postoperative progress, please telephone this office immediately.*